

The Little Red Book

London is a vast and happening city but because it's so big it can be a bit daunting when you are new to the area.

Here is a guide of all things wonderful to discover around the i-view London facility. From where to stay, to where to get the best coffee and catching a little bit of culture, we have got you covered (outside of research hours).

Being so close to the bustling Covent Garden district, with a 2-minute walk from The Royal Opera House, an 8-minute walk to Trafalgar Square and a 15-minute walk from Big Ben, there are plenty of tourist spots to check off your London bucket list.

Click on the buttons below to navigate.
All links to places are highlighted in **red**.



EAT



STAY



BAR



COFFEE



ART



CULTURE



Cafe Murano Covent Garden

Our favourite - Angela Hartnett's Northern Italian restaurant in the heart of Covent Garden.

Tavistock Street, WC2E 7PB | 020 7240 3654

Opera Tavern

Close by, an Italian and Spanish influenced tapas with a charcoal grill. This place is reasonably priced and delicious.

23 Catherine Street, WC2B 5JS | 020 7836 3680

Simpson's in The Strand

Home to the best roast dinner in London and offers a landmark London dining experience.

100 Strand, WC2R 0EW | 020 7420 2111

Clos Maggiore

Cuisine influenced by the stylish country inns of Provence and Tuscany.

33 King Street, WC2E 8JD | 020 7379 9696

The Hawksmoor

If you love steak then this place should be at the top of your list. We recommend trying the Peanut Butter Shortbread for dessert.

11 Langley Street, WC2H 9JG | 020 7420 9390

Eat Tokyo

British offshoot of a Japanese casual eating chain offering sushi, bento and traditional drinks. Casual dining experience.

27 Catherine Street, WC2B 5JS | 020 3489 1700

Savoy Grill by Gordon Ramsey

Home to hundreds of years of Hollywood and history, the Savoy Grill has been a restaurant of choice for some of the world's most famous faces. Open for lunch and dinner, from Monday to Sunday.

The Savoy, Strand, WC2R 0EU | 020 7592 1600

Dishoom

Buzzy destination for Indian street food in Bombay-style digs with vintage decor and upscale touches.

12 Upper Street Martin's Lane, WC2H 9FB | 020 7420 9320

Parsons

From the folk who run the 10 Cases just over the road, Parsons is their unassuming little fish restaurant tucked away in Covent Garden.

39 Endell Street, WC2H 9BA | 020 3422 0221

Sagar Vegan & Vegetarian Restaurant - Covent Garden

Sagar is a plant-based / vegetarian restaurant that is recognised as breaking new ground in the presentation of South Indian vegetarian and vegan dishes across London.

31 Catherine Street, WC2B 5JS | 020 7836 6377

Lupins

Located near Borough Market, Lupins is a Lilliputian spot doing British small plates (with a few European inflections for good measure) perfect for sharing.

66 Union Street, SE1 1TD | 020 3908 5888



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Stay

Waldorf Hilton ★★★★★

In a palatial building dating from 1908, this upscale hotel in the Theatre District is a 3-minute walk from i-view.

Aldwych, WC2B 4DD | 020 7836 2400

Corporate rates available – email studios@i-viewlondon.com for the link

St Martin's Lane Hotel ★★★★★

A dramatic and daring evolution on English luxury, at the very heart of the energetic West End.

45 St Martin's Lane, WC2N 4H | 020 7300 5500

The Savoy ★★★★★

This luxury landmark hotel dates from the 1800s, rooms are a mix of Edwardian and art deco style.

Strand, WC2R 0EU | 020 7836 4343

One Aldwych Hotel ★★★★★

Directly opposite i-view, an independent hotel with an individual mind, original in shape, style and story.

1 Aldwych, WC2B 4BZ | 020 7300 1000

ME London ★★★★★

Contemporary and cutting edge in style, home to the renowned Radio Rooftop bar with panoramic views of the city's skyline.

336-337 Strand, WC2R 1HA | 020 3499 8651

Corinthia Hotel ★★★★★

Occupying an ornate building with a glass-domed lobby, this luxury spa hotel combines grandeur, heritage and a contemporary style with a modern touch.

Whitehall Place, SW1A 2BD | 020 7930 8181

The Clermont, Charing Cross ★★★★★

Built in 1865, this Grade II listed building combines ornate period charm with all the modern comforts you'd expect.

Strand, WC2N 5HX | 020 7523 5052

Strand Palace Hotel ★★★★★

Recently renovated, it dates back to 1909, featuring original art deco touches from the 1920s, this hotel is a go-to for our clients.

372 Strand, WC2R 0JJ | 020 7379 4737

The Fielding Hotel ★★★

One of Covent Garden's most historically rich, desirably located and competitively priced boutique hotels.

4 Broad Court, WC2B 5QZ | 020 7836 8305

Premier Inn London County Hall Hotel ★★★

Fancy being South of the river and on a budget? This is a great choice which is close to the facility.

County Hall, Belvedere Road, SE1 7PB | 0333 321 1246

Citadines Apart Hotel ★★★★★

Apartment style hotels are paving the way for short stays offering all the creature comforts you have at home.

18-21 Northumberland Avenue, WC2N 5EA | 020 7766 3700

Sonder Apartments

These apartments offer luxury and space. Be sure to book one within the King Street location to be close to i-view.

28 King Street, Covent Garden, WC2E 8JD | 07403 925 488



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Radio Rooftop

Located within the iconic ME London Hotel, this go-to bar provides panoramic views of the city's skyline opposite i-view London. Book in advance to avoid disappointment.

ME London, 336-337 Strand, WC2R 1HA | 020 3499 8651

Delaunay

The Delaunay is a European café and restaurant in Covent Garden, Aldwych, serving breakfast, lunch, afternoon tea, dinner and weekend brunch. Drop in for a classic (strong) cocktail here.

55 Aldwych, WC2B 4BB | 020 7499 8558

Pennethorne's

Somerset House has a knack for coupling modern flair with historic influences, and a night at Pennethorne's is no exception. The chic bar and restaurant embody an elegant buzz of old worldly elegance, met by a modern menu of flavoursome light bites.

Somerset House, WC2R 1LA | 020 3751 0570

Lyceum Tavern

Traditional pub with oak panelled interior serving cask real ales, bottled beers and ciders. Just opposite i-view London.

354 Strand, WC2R 0HS | 020 7836 7155

Ye Olde Cheshire Cheese

One of the oldest pubs in the city with great quality English food. Rebuilt shortly after the Great Fire of 1666, the pub is known for its literary associations, with its regular patrons having included Charles Dickens, G.K. Chesterton and Mark Twain.

145 Fleet Street, EC4A 2BU | 020 7353 6170

The Lamb and Flag

Traditional Georgian pub, former haunt of Charles Dickens, once known for bare-knuckle fights. A Londoner's favourite.

3 Rose Street, WC2E 9EB | 020 7497 9504

Mr Fogg's Gin Parlour

The refined space boasts a collection of over 200 gins, from known favourites to rare and uniquely selected gins.

1 New Row, WC2N 4EA | 020 7590 3605

The Understudy

Casual bar with riverside seating, for craft beers, cocktails and a small plates bar menu. Perfect summer location.

Upper Ground, Bishop's, SE1 9PX | 020 7452 3551

Gordons Wine Bar

Wine and cheese o'clock next to the Victoria Embankment Gardens (also in our culture section so you can kill two birds). London's oldest wine bar, established in 1890, it is very close to the facility. With original Dickensian-style features, candlelit seating and vaulted cellars, this place is a hidden gem to those in the know.

47 Villiers Street, WC2N 6NE | 020 7930 1408

Swift

Swift Bar is one of the best bars in Soho - the drinks and easy-going vibe are difficult to match, even in this part of town. Reserve a table to avoid disappointment.

12 Old Compton Street, W1D 4TQ | 020 7437 7820



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Pret A Manger

This is a London staple, offering fast healthy food options with a range of coffee and tea, plenty of seating available and just under i-view studios.

135 Strand, WC2R 0AP | 020 7932 5271

Ole & Steen

A dangerous addition to Strand - The all-day bakery from Denmark has become a firm favourite of our team and clients. Waistbands beware.

351-353 Strand, WC2R 0HS | 020 4548 6996

Caravan Coffee Roasters at The Savoy

Caravan is famous for their artisan speciality coffee from around the world. Limited seating available.

Unit 1 Savoy Court, Strand, WC2R 0EX

Soho Coffee Co.

Another London chain, the home of Fairtrade organic coffee and handmade food.

138 Strand, WC2R 1QA | 020 3358 6774

The Fleet Street Press

The Fleet Street Press serves a bespoke seasonal house-blend (The Press Blend) on the espresso machine, roasted by Caravan, a wide range of loose-leaf tea from London Leaf and award-winning hot chocolate from Kokoa Collection and you're onto a winner.

3 Fleet Street, EC4Y 1AU

Double Shot Coffee

A hidden gem a stone's throw away from **Covent Garden**. A charming day to night café/wine bar, where great food goes with beautiful wines and exceptional cakes. Brunch served in a trendy and flowery setting, lunch goes seamlessly into afternoon tea with homemade cakes and before you know it, you're sipping a glass of wine under the gorgeous flowery tree.

38A Tavistock Street, WC2E 7PB | 020 7240 9388

Abuelo

Australian and Argentinian heritage offering organic, farm-to-table café fare, espresso and coffee cocktails in unique, cosy quarters.

26 Southampton Street, WC2E 7RS | 020 7836 8476

Hej Coffee

Conceived in Sweden and born in Bermondsey, Hej (meaning 'hello') now brings its authentic neighbourhood coffee shop vibe to **Somerset House**, serving speciality coffee, plus great food and drinks in a welcoming accessible environment.

South Building, Somerset House, Strand, WC2R 1LA

Monmouth Coffee

If you're venturing to **Borough Market** be sure to stop off here for the most scrumptious pastries and a velvet coffee hit. They don't stock disposable cups so if you want to take away you will need to take your own reusable cup or buy one from there.

Borough Market, 2 Park Street, SE1 9AD



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National Portrait Gallery

Boasts a collection of portraits of historically important and famous British people. It was the first portrait gallery in the world when it opened in 1856.

St. Martin's Place, WC2H 0HE | 020 7306 0055

Museum of Freemasonry

The building itself is a marvel of Art Deco with a vast amount of original and untouched period features. The museum itself is in two parts; one covering 300 years of history, the other displaying a vast number of 'treasures'. It is all very interesting and rather different from your average museum. You can easily spend an hour here, or far more.

60 Great Queen Street, WC2B 5AZ | 020 7395 9257

Hayward Gallery

The Hayward Gallery is an art gallery within the Southbank Centre in central London, and part of an area of major arts venues on the South Bank of the River Thames.

Southbank Centre, Belvedere Road, SE1 8XX | 020 3879 9555

The Mayor Gallery

London's foremost gallery for exhibiting artists from the ZERO and Concrete movements, mostly from Europe, Central Europe and Latin America, the gallery particularly offers artworks from the 1950s and 60s.

21 Cork Street, First Floor, W1S 3LZ | 020 7734 3558

180 The Strand

An iconic Brutalist building currently undergoing a transformation into a creative hub for people and progress. It aims to foster and connect creatives, entrepreneurs, dynamic thinkers and cultural explorers by integrating the creation, display, learning and social functions of culture throughout its spaces. Check out their website for the latest events, from fashion week to a light show.

180 Strand, Temple, WC2R 1EA

The Courtauld Institute of Art

The world's leading centre for the study of the history and conservation of art and architecture. Its Gallery houses one of Britain's best-loved collections.

Somerset House, Strand, WC2R 0RN | 020 3947 7777

The London Transport Museum

Bringing to life the history of London's public transport network — its buses, trains, tubes and taxis, from the 19th century to the present day. The shop is also perfect for picking up a souvenir or two.

39 Wellington Street, WC2E 7BB | 0343 222 5000

The National Gallery

Art museum in Trafalgar Square in the City of Westminster, central London. Founded in 1824, it houses a collection of over 2,300 paintings dating from the mid-13th century to 1900.

Trafalgar Square, WC2N 5DN | 020 7747 2885



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Victoria Embankment Gardens

On our doorstep you can stumble upon this beauty of a park en route to Embankment station. Filled with majestic trees, lush flower beds, fountains, statues, memorials, a bandstand and ping pong tables. In the summer you will find outdoor cinema events in the evenings.

Villiers Street, WC2N 6NS

The Royal Opera House

Fancy some ballet or opera during your trip? Look no further than 2 minutes away from the studios. Not much to say here, the title says it all – the King's go to culture fix.

Bow Street, WC2E 9DD | 020 7240 1200

Somerset House

Just opposite i-view you will find an iconic neo-classical 18th century building. The **free tour** is hugely recommended to learn about the building's history, to the construction of the Victorian sewers and the London underground train system. There are exhibitions and countless events so check out what's on and maybe you will be lucky to catch a hot day with the endless fountains to run through or the famous ice rink in the Winter.

Strand, WC2R 1LA | 020 7845 4600

The London Eye

For a bird's eye view of the city's landmarks. Walk across Waterloo Bridge and go down the river front to the right.

The Queen's Walk, SE1 7PB | 0870 990 8881

Covent Garden Piazza

Covent Garden may be a fashionable, up-to-the-minute shopping and dining destination, but the past remains embedded on the cobbled Piazza and arches of the Market Building. An area also synonymous with performance, as the birthplace of the 'Punch & Judy' puppet show, to the home of street performance today, Covent Garden has never missed a chance to put on a show.

Cranbourn Street, WC2H 7AR | 020 7420 5856

Trafalgar Square

The popular tourist spot to check off your list.

Trafalgar Square, WC2N 5DN | 020 7983 4750

The Southbank Centre

A complex of artistic venues, it's the largest European centre for the Arts. So much to discover just across the river, from concerts, to theatre and dance.

Belvedere Road, SE1 8XX | 020 3879 9555

The Graffiti Tunnel

A secret hidden gem in Waterloo beneath the railway tracks is a free-for-all graffiti wonder. Also near to **Lower Marsh**, (one of London's best street food markets to check out at the same time).

Leake Street, Bishop's, London SE1 7NN

Borough Market

A little bit further away but a must-go-to get that London food vibe.

43 Borough High Street, SE1 9AH



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