

# Breakfast Options

Selection	Cost
<b>Mini Croissant (2 per person)</b> <ul style="list-style-type: none"><li>• Plain</li><li>• Almond</li><li>• Chocolate</li><li>• A selection of all three</li></ul>	£4 for 2 pieces per person
<b>Mini Danishes (2 per person)</b>	£4.40 for 2 pieces per person
<b>Mini Filled Croissant (recommend 2 per person)</b> A selection of filled savoury croissants served cold. Fillings include: <ul style="list-style-type: none"><li>• Gammon ham &amp; tomato</li><li>• Smoked salmon &amp; cream cheese</li><li>• Emmental &amp; fresh tomato (V)</li><li>• Ham &amp; emmental cheese</li></ul>	£3.90 per piece
<b>Breakfast Pots</b> Delicious and healthy, individual breakfast pots. Fillings include: <ul style="list-style-type: none"><li>• Banana chia &amp; peanut butter breakfast pot</li><li>• Cacao chia berry breakfast pot</li><li>• Greek yogurt with honey &amp; nutty granola</li><li>• Overnight porridge oats with banana -Berries &amp; honey pot</li><li>• Creamy coconut yogurt with banana &amp; gluten free granola pot (VG / GF)</li></ul>	£5.25
<b>Warm Breakfast Rolls</b> Fillings include: <ul style="list-style-type: none"><li>• Bacon</li><li>• Sausage</li><li>• Egg (V)</li><li>• Bacon &amp; egg</li><li>• Sausage &amp; egg</li><li>• Bacon, egg &amp; cheddar cheese</li><li>• Sausage egg &amp; cheddar cheese</li></ul>	£4.60 per person
<b>Full English Breakfast for 1</b> Always a classic - 2 x rashers of bacon, 1 x Cumberland sausage, 1 x fried egg, 1 x hash brown, mushrooms and baked beans	£12.50 per person
<b>Veg'Me Breakfast Box for 1</b> Grilled halloumi, fresh spinach, poached egg, baked beans, hash browns and mushrooms (V)	
<b>Vegan Full English for 1</b> Smoked paprika and black pepper roasted tofu, mushrooms, hash browns, baked beans & a grilled tomato with wilted spinach (VG)	

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(V) Vegetarian  
(VG) Vegan  
(GF) Gluten Free

# Lunch Options

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## SPECIALTY SANDWICH PLATTER

£7.70 per person

A selection of freshly baked rolls, wraps, speciality breads cut into slices, with a range of tasty fillings randomly selected, if you require specific fillings please select:

### Meat

- Beef, lettuce, tomato, cucumber
- Coronation chicken
- Chicken, bacon, avocado

### Fish

- Smoked salmon, cream cheese
- Prawn cocktail
- Tuna sweetcorn
- Mexican tuna

### Veg

- Mozzarella, peppers, sundried tomato (V)
- Mozzarella, aubergine, fresh tomato (V)
- Mozzarella, fresh tomato, basil (V)
- Egg mayonnaise, watercress (V)

### Vegan

- Non-dairy 'cheddar' cheese, smoky mayo & salad on bocata (VG)
- Hummus avocado fresh tomato & rocket leaves on brown baguette (VG)
- No fish! Chickpea 'tuna', sweetcorn, mayo, cucumber slices & baby leaf on wholemeal wrap (VG)
- Beetroot, hummus & crispy chickpea on rustic ciabatta (VG)

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We source our sandwiches from an independent local provider to reduce our carbon footprint and support a local business. For all other items on our menu, our catering provider charges a £10 delivery fee which will be cross charged across projects on the day. If only one project is ordering then the fee will be charged in full.

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## SALADS

£12.50 per person

Individually wrapped

### Charred Ginger Sesame Roast Salmon & Greens

Delicious fragrant Asian salmon served with silky sesame egg noodles & green Asian vegetables

### Crispy Chicken, Egg & Avocado Caesar Box

Crispy chicken breast, free range poached egg, creamy avocado, croutons, classic Caesar dressing & shaved parmesan

### Houmous Falafel Avocado Greek Salad with Feta Served on a Flat Bread

Marvellous and Mediterranean

### Jerk Chicken Sunshine Bowl

Spiced roasted jerk chicken served with wholesome brown rice & beans and a refreshing Caribbean inspired salad

### Miso Baked Aubergines & Peanut Roasted Tofu Bowl

Plant based favourites served with steamed wholesome brown rice & Asian greens (VG)

### Roasted Roots Vegan Bliss Bowl

Roasted root vegetables & cauliflower, lemon quinoa, fresh mint green salad with a creamy lemon dressing (VG)

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# Lunch Options

## SALADS - FOR SHARING

Serves up to 6 people

<b>Chef's Chargrilled Chicken Bowl</b>	£26
Crisp lettuce, baby leaf spinach & peppery rocket leaves, tomatoes, cucumber, red onion, chickpeas & grated carrot. Topped with a lean simply grilled chicken breast. Served with olive oil & lemon juice dressing	
<b>Mediterranean Mezze Salad Bowl (VG)</b>	£26
Sweet potato falafels, houmous, lemony quinoa, crisp mixed leaves, refreshing raw vegetable Greek salad, chickpeas & rustic bread	
<b>Italian Mozzarella Tricolore (V)</b>	£26
Fresh mozzarella, fresh tomatoes, Italian herb grilled peppers, marinated olives, rocket leaves, served with a sun-dried tomato vinaigrette	
<b>Chef's Salad</b>	£26
Crispy leaves, cherry tomatoes, cucumber, chopped free range egg, charred sweetcorn, grated English, cheddar cheese. served with a creamy Caesar mayo dressing olive oil ciabatta croutons	
<b>Brilliant Biryani Rice Salad Bowl</b>	£26
Fragrant basmati rice, roasted turmeric spiced cauliflower, garam masala baked aubergines, crispy chickpeas, shredded baby leaf spinach, fresh mint & coriander leaves, fresh lime juice, juicy sultanas. Served with a coconut yogurt dressing.	
<b>Classic Italian Pasta Salad</b>	£26
Rich Italian sun-dried tomato pasta, topped with creamy fresh torn mozzarella, roasted Mediterranean vegetables, marinated olives, dried oregano, rocket leaves, parmesan sprinkles & a creamy Italian mayo dressing	
<b>Tuna Niçoise Plus</b>	£30
Flaky tuna, boiled free range egg, tomatoes, cucumber, green beans, marinated olives, roasted lemon scented potatoes, mixed leaves, wholemeal olive oil & herb crostini, creamy grain mustard mayo dressing	
<b>Chicken Caesar Salad Plus</b>	£30
Crisp lettuce leaves, creamy Caesar mayo dressing, olive oil ciabatta croutons, freshly grated parmesan topped with golden breaded chicken breast	
<b>Asian Roasted Sweet Chilli Salmon &amp; Sesame Egg Noodle Bowl</b>	£32.50
This salad contains miso sweet chilli roasted salmon, sesame egg noodles & crunchy raw Asian vegetables, served with a soy sesame dressing	
<b>The Classic English Cheeseboard</b>	£60 per board
Serves 6-8 people Stilton, English farmhouse cheddar & Somerset brie, served with a selection of crackers and cucumber, celery, grapes & cherry tomato	

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# Lunch / Dinner Options

## HOT FOOD

Individually wrapped

### Pho Noodle Soup

£14.50 per person

Choose from:

- Fragrant king prawn & vegetable (GF)
- Ginger chilli chicken & vegetables (GF)
- Sesame sweet chilli baked tofu (VG / GF)

Hot, filling, healthy, delicious, with no gluten or dairy. Silky sesame rice noodles topped with Asian vegetables & herbs. Delivered with thermos flasks of hot steamy Asian broth. Just pour over the broth, eat and enjoy!

### Chicken Escalope with Penne Pasta & Mozzarella & Spinach

£12 per person

### Thai Green Chicken Curry with Basmati Rice (GF)

£12 per person

### Chicken Katsu Curry and Rice

£12 per person

### Beef Bolognese Lasagne

£12 per person

### Veggie Shepherd's Pie (V)

£12 per person

### Mediterranean Ratatouille, Steamed Basmati & Crumbled Feta (V / GF)

£12 per person

### Chickpea, Coconut & Spinach Daal with Basmati Rice (VG / GF)

£12 per person

### Thai Veg Curry & Rice (VG / GF)

£12 per person

### Lentil & Mushroom Lasagne (VG)

£12 per person

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# Lunch / Dinner Options

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## SWEET TREATS

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### Small Cake Box

12 mini cakes

- 3 x Mini chocolate eclairs
- 3 x Mini millefeuille
- 3 x Mini lemon meringue tarts
- 3 x Mini fruit topped Italian tarts

£34 per box

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### The Made Without Gluten & Vegan Cake Box

15 pieces (VG / GF)

- 5 x Rich dark chocolate brownie
- 5 x Vanilla & choc chip mini cupcake
- 5 x Oat & choc chip cookies

£32 per box

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### Afternoon Tea Time Box

Serves 6-8 people

- 6 x English scone with jam & cream
- 4 x Reception fruit tarts
- 4 x Cream filled choux buns

£52 per box

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### Italian Patisserie Box

15 pieces

Mini tarts with lemon filling, meringue topping, cream and topped with fruit

£34 per box

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# Lunch / Dinner Options

## FINGER MENU

No minimum order

### Middle East

£24.50 per person

Sesame za'atar roast chicken  
Tear & share spinach, goat's cheese, pine nut & rosemary filo pastry spiral  
Fattoush salad  
Basmati & quinoa tabbouleh with fresh mint & pomegranate  
Pita flat breads  
Hummus with smoky roasted chickpeas  
Tahini sesame brownies  
Fresh fruit skewers  
*(Menu garnished with lime & chilli)*

### Far East

£24.50 per person

Sticky savoury miso & sweet chilli roasted chicken  
Hoi sin mushroom, tofu & water chestnut lettuce wrap bites  
Ginger egg noodle & greens salad  
Asian vegetables with toasted peanuts & cashews  
Crispy veggie spring rolls  
Prawn crackers  
Banana & cream salted caramel muffin  
Fresh fruit skewers  
*(Menu garnished with lime & chilli)*

### East End

£24.50 per person

Pea potato & cauliflower pakora patties  
Baked masala aubergines  
Coconut yogurt & mango chutney, fresh lime & coriander leaves  
Cooling crunchy raw rainbow vegetable salad  
Brilliant biryani rice  
Vegetable samosas  
Toasted naan bread  
Coconut & chocolate jammy truffle balls  
Fresh fruit skewers  
*(Menu garnished with lime & chilli)*

Minimum order 10 people

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# Lunch / Dinner Options

## HOT FORK BUFFET

Minimum order of 10 people

### MENU 1 Meatballs & Mash

£25 per person

British meatballs in a rich tomato, mushroom & red wine sauce  
Creamy mash (V)  
Delicious meat-free meatballs (VG / GF)  
Italian rocket salad with cherry tomatoes, parmesan & balsamic dressing (VG / GF)  
Individual tiramisu pots

### MENU 2 Thai Green Curry

£25 per person

Thai green chicken curry  
Red Thai vegetable curry (V)  
Coconut rice (V)  
Sharing Asian salad with Chinese cabbage, beanshoots, spinach & peppers with soy & sesame dressing (V)  
Jam & almond Bakewell tarts

### MENU 3 BBQ Chicken & Dirty Rice

£25 per person

BBQ chicken served with dirty rice (GF)  
5 Bean chilli topped with dirty rice (V / GF)  
Caribbean dirty rice with smoked paprika and lime juice  
Southern slaw with grain mustard (VG / GF)  
Chocolate brownie slices

### MENU 6 Italian Style

£25 per person

Chicken cacciatore (GF)  
Baked ratatouille (VG / GF)  
Sautéed potatoes  
Mediterranean vegetable salad (VG / GF)  
Choux buns (2 in a pot with chocolate sauce)

### MENU 7 It's a Chilly Day!

£25 per person

Chunky beef chilli (GF)  
Veggie chilli (VG / GF)  
Caribbean dirty rice with smoked paprika & lime juice  
House slaw salad (VG / GF)  
Mini lemon tarts

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